



Ronald McDonald House Charities® Eastern Wisconsin
Meal Program Volunteer Guidelines

Snacks from Scratch

Requirements & Expectations



- A maximum of 6 people, 14 years and older, are allowed to participate.
- The volunteer group will provide all the ingredients and packaging for their snacks and all snacks must be prepared on site at RMHC.
- Volunteers must be completely illness/symptom free for at least 72 hours prior to volunteering.
- Any information about families staying or donors/donations received is strictly confidential and should be handled as such.
- We ask that you refrain from the following:
 - Inquiring about a patient's diagnosis or medical treatment
 - Exchange of personal contact information
 - Sales or solicitations
 - Promoting of religious or political beliefs
 - Use of photos, stories, videos or any other information related to families or the House without signed approval is not allowed.
- Courtesy should always be extended to families, staff and other volunteers.
- RMHC is a smoke-free facility. Smoking is not allowed inside or outside of our House, except for the designated smoking area on the south side of the building.
- In the unfortunate event that your group will be unable to provide your scheduled meal, contact Ben Muench, Culinary Program Manager at 414.935.6520 or bmuench@rmhc-easternwi.org as far in advance as possible.

Arriving at the House



- Our address is 8948 Watertown Plank Road.
- Enter into the lobby area and sign in with your ID at the kiosk to your right. Select Meal Program when asked for your reason for visit.
- When the doors open you will receive a name badge from the office assistant at the desk. that you will wear for the duration of your time at the House.
- After unloading your supplies, park in the visitor parking area located at the top of the driveway.

Food Preparation & Packaging



- Review and follow the [Food and Safety](#) guidelines.
- Volunteers must:
 - Wash hands, frequently
 - Wear gloves (provided by RMHC) and change as needed
 - Tie hair back
 - Avoid touching hair, face and phone

- Wipe down the preparation areas with a light, soapy water mixture.
- Follow assigned directions to properly prepare and package food items. All snacks must be put into individual plastic wrap/bags or containers and labeled with the item name and date.

Snack Suggestions



- Popcorn
- Hummus and Veggies
- Yogurt Parfaits
- No Bake Cookie Bites
- Fruit and Cheese Kabobs
- Trail Mix
- Copycat Balanced Breaks
- Cookies
- Chex Mix
- Muffins
- Muddy Buddies
- Sweet Breads
- Rice Kristy Treats
- Homemade Granola Bars

Clean-Up



- Wipe down the preparation areas with a light, soapy water mixture.
- Wash all the items you may have borrowed from the House and return them to their appropriate place.
- Speak with the Culinary Program Manager if you are interested in a tour of the House.
- Sign out at the front desk.

Thank you

for your participation in the Family Meal Program. The Family Meal Program supports our mission to keep families together and support the health and well-being of children by providing dinners, to-go lunches and homemade snacks for guests staying at the House. This program eases the financial burden on our families and allows them to focus on their children.



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